

# The Journey Forward

Healing Streams, Savannah, GA. All scriptures are from the ESV unless otherwise noted.

This portion of our teaching comes down the road as you exercise faith to believe for freedom even under attack and keep pressing forward. Emotional freedom is the ability to know with confidence that God loves you, is present with you and is eager to help you—no matter what you are feeling, or going through. Our life is a journey, but our heart is also “on pilgrimage” to recover an established faith in the truth of who our God really is.

**Blessed are those whose strength is in you; Who have set their hearts on a pilgrimage. Passing through the valley of Weeping, they make it a place of springs... They go from strength to strength. Everyone of them appears before God in Zion.** Psalm 84:5-7 WEB

Our journey takes flight as we begin to really cultivate a love for Truth.

**Your statutes have been my songs in the house of my pilgrimage.** Psalm 119:54 AMP

Walking out the teachings is a process of renewing our minds.

**That you put away, as concerning your former way of life, the old man, that grows corrupt after the lusts of deceit.** Ephesians 4:22 WEB

Remember to take every thought captive to Christ.

**For the weapons of our warfare are not of the flesh, but mighty before God to the throwing down of strongholds... bringing every thought into captivity to the obedience of Christ.** 2 Corinthians 10:4-5 WEB

Know the tricks of the enemy—practice separating the person from the sin (Romans 7)!

**"Judge not, that you be not judged. For with the judgment you pronounce you will be judged, and with the measure you use it will be measured to you."** Matthew 7:1-2

When you fail, apply the 8 Steps to Freedom—seek the refreshing that comes by repentance.

**"Come, let us return to the Lord... Let us know; let us press on to know the Lord; his going out is sure as the dawn; he will come to us as the showers, as the spring rains that water the earth."** Hosea 6:1, 3

Forgive yourself, rise in faith and press forward.

**Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus.** Philippians 3:13-14

Be willing to go into the fire—don't “waste your trials” by running from them—stand fast.

**For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery.** Galatians 5:1

Refuse to accept programmed behavior coming out of your past (Colossians 3:3-5).

**From now on, therefore, we regard no one according to the flesh. Even though we once regarded Christ according to the flesh, we regard him thus no longer. Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.** 2 Corinthians 5:16-17

Stop making an idol of illness. God is always sending good gifts into our lives—focus on them.

**Every good gift and every perfect gift is from above, coming down from the Father of lights with whom there is no variation or shadow due to change.** James 1:17

Give yourself and the Lord time. God is working even when He doesn't seem to be.

**For we walk by faith, not by sight.** 2 Corinthians 5:7

You are not alone—stay in fellowship with believers who are also on pilgrimage (He 10:24).

**Therefore encourage one another and build one another up.** 1 Thessalonians 5:11

**Behold Him!** Stay in the grace of believing that His love and mercy for you will never fail.

**For by grace you have been saved through faith. And this is not of your own doing; it is the gift of God, not a result of works, so that no one may boast.** Ephesians 2:8-9



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