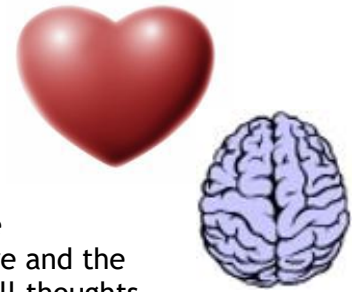


Contrasting the Head and Heart

Healing Streams, Savannah, GA. All scriptures are from the ESV unless otherwise noted.



Why the heart matters

Is your head too big, your heart too small? We have been told that in the end it will be the love we have shared, not the knowledge we have accumulated that matters (1 Corinthians 13:1-3). Enlightenment culture and the pride of man have over-emphasized the mind. The mind is a gateway all thoughts have to pass through it, but the heart is the seat of power and controls the deep issues of life. Who reigns in your heart: Satan, self, or Jesus?

“For from within, out of the heart of man, come evil thoughts... All these evil things come from within, and they defile a person.” Mark 7:21, 23

Keep your heart with all diligence, for out of it is the wellspring of life. Proverbs 4:23 WEB

It's not either or!

Consider these differences between the head and the heart: what the head does is vital and necessary; what the heart can do is sublime!

HEAD

Knowledge, facts

Physical sight

Likes

Thinks by logic

Analyzes

Holds consciousness

Ego resides

Center of the mind

Makes identifications

Holds ideas of God

Stores memories

Believes

Hears the words of others

Sees, plans, decides

Retains definitions

HEART

Wisdom, understanding

Spiritual insight

Loves

Reasons by feelings

Meditates

Held by conscience

Jesus resides

Center of the spirit

Holds identity

Beholds the Image of God

Re-experiences remembrances

Trusts

Listens to the hearts of others

Dreams, envisions, determines

Understands meanings



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